

What is COVID-19 (Coronavirus)?



What is COVID-19?

It is an illness that affects your breathing and lungs. The first case was found in Wuhan, Hubei Province, China. There are thousands of confirmed cases in China and globally, including here in the U.S.

What are the symptoms?

- Similar to the flu
- Fever
- Cough
- Shortness of breath

How does it spread?

- From person to person within close contact.
- Mainly through coughing and sneezing.
- Touching a surface or object and then touching your mouth, nose, or eyes.

For more information, please visit the CDC websites below.

<https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>

<https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>

Prevention Tips



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

If you think you have been exposed and have symptoms:
Contact SNHD (Southern Nevada Health District).

Southern Nevada Health District

24-hour phone: 702-759-1300

<https://www.southernnevadahealthdistrict.org/>



什麼是新型冠狀病毒疾病 COVID-19?



什麼是新型冠狀病毒疾病COVID-19?

這是一種會影響您的呼吸系統和肺部的疾病。

該病例首先在中國湖北省武漢市被發現。現在有成千上萬的確診病例, 包括中國, 美國及全球各地。

這病毒有什麼症狀?

- 類似流感
- 發燒
- 咳嗽
- 呼吸困難

病毒如何傳播?

- 以人傳人通過親密接觸傳染
- 主要通過咳嗽和打噴涕
- 接觸物件表面或觸摸口部, 鼻子, 或眼睛

有關更多信息, 請, 詢以下CDC網站

<https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms-chinese.html>

<https://www.cdc.gov/coronavirus/2019-ncov/about/transmission-chinese.html>

如何預防



避免與生病的人接觸



避免觸摸您的眼睛, 鼻子和嘴巴



如果生病請待在家裡



打噴嚏和咳嗽時請用臉紙遮住, 用過的臉紙請丟進垃圾桶裡



使用家居清潔噴霧或清潔抹布去清潔和消毒經常接觸的物品和枱面



用肥皂和水洗手至少20秒。特別是去洗手間之後; 進食前; 和搓鼻子, 咳嗽或打噴嚏以後

如果你已被感染和有任何以上症狀:
請聯絡內華達州南部衛生局

內華達州衛生局
24小時電話 702-759-1300

<https://www.southernnevadahealthdistrict.org/>

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