Mental Health & Addiction Program















This Mental Health and Addiction Program Book is accurate as of April 2022. For the latest information, please visit culinaryhealthfund.org or call the Customer Service Office at 702-733-9938.

When you are sick, you go to the doctor to feel better.

So why not take care of your Mental Health the same way?



If you are feeling sad or stressed...

If your problems are affecting your family and/or your job...

The Mental Health & Addiction Program can help!

What is the Mental Health & Addiction Program?

It's a benefit available to you which includes a team of professionals to help you, such as:

- Generalists/Counselors (professionals that can help you with many different issues)
- Psychologists (specialists in psychology that have a degree; a psychologist cannot write a prescription)
- Psychiatrists (doctors that specialize in the treatment of mental illness; a psychiatrist can write a prescription)

Areas we can help you with:

- Marriage & Family
- Emotional Stress
- Substance Abuse
- Grief & Loss
- Work Pressures
- Gambling
- · Financial Difficulties
- Crisis Intervention
- Drugs and Alcohol Abuse

There are also services available for people with disabilities (including those who are blind or deaf)

How much will it cost?	
Service	Copay
Therapy Sessions (does not include Psychiatrists or Psychologists)	 You will not have a co-payment for your first 5 visits (per problem); After your first 5 visits, you will have a \$15 co-payment
If you need to stay at a hospital	\$250 co-payment per hospital stay

How to Find a Mental Health and Addiction Provider:

Get care from Harmony Healthcare and Human Behavior Institute:

At Harmony Healthcare and HBI you can get counseling and treatment for children and adults suffering with mental health and substance abuse problems.

Harmony Healthcare and HBI both have one location you can get care from (see page 5).

Find a provider on our online directory:

There are hundreds of other mental health professionals in our network you can choose from. If you would prefer, you can pick your own counselor from our online provider directory:

- · Visit www.culinaryhealthfund.org/ppo
- Select "Mental Health Services"
- · Choose a specialty:
 - Addiction treatment
 - Generalist
 - Inpatient treatment center
 - Marriage and family
 - Psychiatry
 - Psychology

If you are not sure who you need to see, where to go, or if you're having problems getting an appointment

Call Harmony Healthcare at 702-251-8000 or HBI at 702-248-8866.

Harmony Healthcare and HBI Locations:

Harmony Healthcare (all services offered at this location)

Harmony - West Charleston 1701 West Charleston Blvd. #300 Las Vegas, NV 89102 Call **702-251-8000** to schedule an appointment.



Human Behavior Institute (HBI)

Human Behavior Institute - South Jones 2740 S.Jones Blvd. Las Vegas, NV 89146 Call **702-248-8866** to schedule an appointment.



Harmony Healthcare 1701 W. Charleston Blvd., # 300 Las Vegas, NV 89102

702-251-8000 or 800-363-4874 www.harmonyhc.com

Human Behavioral Institute 2740 S. Jones Blvd. Las Vegas, NV 89146

702-248-8866 www.hbinetwork.com



Culinary Health Fund 1901 Las Vegas Blvd. South, Suite 107 Las Vegas, NV 89104

702-733-9938 www.culinaryhealthfund.org

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