

Keeping you safe during COVID-19 (Coronavirus).

We're implementing temporary measures at the Culinary Health Center (CHC).



If you think you have been exposed and have symptoms:

- **Please call the CHC at 702-790-8000 first** before coming to the CHC or going to the Emergency Room (ER).
- If you believe you have a true emergency, go to the ER directly.

When you call to schedule an appointment or come in to be seen at the Culinary Health Center:

You'll be screened based on the Centers for Disease Control and Prevention (CDC) guidelines.

- **If you're cleared**, you can continue to make your appointment.
- **If you need further screening**, you will be connected with a nurse and you'll receive further instructions.

If you need additional information about COVID-19:

- Please call the **SNHD (Southern Nevada Health District) 24-hour phone at 702-759-1300** or visit <https://www.southernnevadahealthdistrict.org/>

If you have questions about how being exposed to this virus affects your job:

- Please call the **Culinary Union Local 226 at 702-385-2131**.

Prevention Tips



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.



為確保你在新冠狀病毒疾病 COVID-19 期間保持安全

我們正在工會保健中心實施臨時診斷標準



如果你認為自己已經染上新冠狀病毒 COVID-19 和有以下症狀：

- 在你去工會保健中心或急症室以前請先致電
702-790-8000查詢情況
- 如果你認為情況危急請立刻去急症室

當你在電話中安排預約登記時或看醫生之前， 工會保健中心會根據疾病預防控制中心準則進行篩選

- 你會就你的病況回答問題，如果你健康狀況良好，
你可以繼續安排預約見醫生
- 如果你的對話沒有通過篩選，
你的電話會直接轉到護士按照病情另作安排

如果你需要更多關於新冠狀病毒的資訊

- 請致電內華達州南部衛生局**24**小時電話服
務或 **702-759-1300** 或登陸[https://www.
southernnevadahealthdistrict.org/](https://www.southernnevadahealthdistrict.org/)

如果你有任何問題因染上疾病而影響工作請聯絡 烹飪業

- **226**工會電話 **702-385-2131**

如何預防



避免與生病的人接觸



避免觸摸您的眼睛，鼻子和嘴巴



如果生病請待在家裡



打噴嚏和咳嗽時請用臉紙遮住，用過
的臉紙請丟進垃圾桶裡



使用家居清潔噴霧或清潔抹布去清潔
和消毒經常接觸的物品和枱面



用肥皂和水洗手至少**20**秒。特別是去
洗手間之後；進食前；和搓鼻子，咳嗽
或打噴嚏以後

Culinary
Health Fund

CULINARY
Health Center.