

### Pharmacy Corner

The following medications are newly available to be dispensed from Culinary free-standing pharmacies, located throughout the valley (this is not an all-inclusive list):

CHC Durango  
6350 South Durango, Drive  
Mon – Fri 9:00am – 6:00pm

CHC Nellis  
650 North Nellis Boulevard  
Mon – Fri 9:00am – 6:00pm

Culinary Health Fund Pharmacy  
1945 Las Vegas Boulevard South  
Mon – Fri 9:00am – 5:00pm

#### Drug Name (Brand)

Anoro Ellipta  
Bupropion IR, SR, XL (Wellbutrin)  
Bupropion SR (Zyban)  
Diclofenac Gel (Voltaren 1%)  
Duloxetine (Cymbalta)  
Eliquis  
Epinephrine (Epipen, Epipen-Jr)  
Escitalopram (Lexapro)  
Farxiga  
Icosapent ethyl (Vascepa)  
Jardiance  
Lansoprazole/Amox/Clarithromycin (Prevpac)  
Lubiprostone (Amitiza)  
Medroxyprogesterone IM (Depo-Provera)  
Mirtazapine tablet (Remeron)  
Nifedipine ER (Adalat CC)  
Omega-3-Acid Ethyl Esters (Lovaza generic only)  
Ondansetron ODT (Zofran ODT)  
Ozempic  
Paroxetine (Paxil)  
Rosuvastatin (Crestor)  
Rybelsus  
Stiolto Respimat  
Tizanidine tablet (Zanaflex)  
Trulicity

### Durango Health Center Now Open

The Culinary Health Center at Durango is open for Culinary Health Fund participants and their dependents.

Located at 6350 South Durango Drive in the SW Las Vegas Valley, the Durango Health Center has multiple specialties under one roof to better provide patient care – including a drive-thru pharmacy. Below are the hours of each department.



Primary Care	Mon - Sat	8:00am - 7:00pm
Pediatrics	Mon - Sat	8:00am - 7:00pm
Dental	Mon -Fri	8:00am - 5:00pm
Physical Therapy	Mon - Sat	8:00am - 7:00pm
Labs	Mon -Fri	8:30am - 4:45pm
Drive-Thru Pharmacy	Mon -Fri	9:00am - 6:00pm
Acupuncture	Call 702-790-8000 for hours	
Chiropractic Care	Call 702-790-8000 for hours	
Mental Health	Call 702-790-8000 for hours	
24-hour Nurse's Line	702-790-8000	

### Inactive Providers – May 2023

The following is a list of providers and specialties that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network:

LAST NAME	FIRST NAME	TITLE	SPECIALTY
Chambers, Jr.	George	MD	OB/GYN
Shin	Grace	MD	Ophthalmology
Vakil	Mira	MD	Internal Medicine
Woods	Julie	PAC	OB/GYN
Garrison Medical Consultants			Wound Care
Loving Hearts Helping Hands LLC			ABA Therapy
Southern Nevada Pain Center			Pain Management

*\*list provided monthly*

### Healthcare Services Team

healthcareservices@culinaryhealthfund.org  
702-892-7313 (option 2)

#### **Cindy Pearson**

Sr. Director of Healthcare Delivery  
702-691-5602  
cpearson@culinaryhealthfund.org

#### **Lucia James**

Healthcare Services Associate  
702-691-5698  
ljames@culinaryhealthfund.org

#### **Melanie Jensen**

Healthcare Services Associate  
702-691-5681  
mjensen@culinaryhealthfund.org

### Important Telephone Numbers

**Clinical Pathology Laboratories (CPL)** 702-795-4900

**Contracts and Credentialing**  
contractsandcred@culinaryhealthfund.org  
702-892-7313 (option 1)

**Culinary Health Center**  
702-790-8000

**Culinary Pharmacy**  
702-650-4417 (Culinary Health Fund)  
702-963-9400 (Culinary Health Center)

**Customer Service Office**  
702-733-9938

**Desert Radiologists**  
702-759-8600

**Harmony Healthcare**  
702-251-8000 (24/7)  
702-788-9875 (Rapid Response)

**Nevada Health Solutions (NHS)**  
702-216-1653  
<https://provider.nevadahealthsolutions.org/production>

**OptumRx Prescription Services**  
866-611-5960 (24/7)  
800-791-7658 (home delivery)

**Vision Eligibility Express Line**  
702-216-1298 (24/7)

**Zelis/ePayment** 855-774-4392

## Wellness Awareness

The Culinary Health Fund is now offering virtual wellness classes in addition to in-person classes at our health centers.

Although a referral is not required for any of our classes, patients are more likely to attend health and wellness classes when their doctor refers them and follows up on their progress.

This month's classes include the following topics:

- **Diabetes 1** – Learn about diabetes, how to measure your blood sugar and tips to live healthier.
- **Diabetes 2** – Find out how to make smart changes to your diet.
- **High Blood Pressure** – Learn how high blood pressure can affect your life.
- **Breastfeeding** – Learn what to expect when breastfeeding.
- **Healthy Cooking Class** – Do you want to learn how to cook tasty and healthy food? Get cooking tips and recipes from a pro chef. This class is helpful if you have pre-diabetes, diabetes, high blood pressure, high cholesterol, or want to lose weight.

***Also on offer for June and July, classes for Coping with Depression. These classes will help patients realize how depression and anxiety affect the body and learn tips to manage their feelings as well as how and where to get care.***

You can conveniently view class dates and times on the website at: [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org).

Participants can sign up by calling the Advocacy line at **702-691-5665**.