

## Pharmacy News – Brown Bag Sessions for Your Patients

**Do you have a patient with a long and complicated medication list?** The pharmacy department can help! Patients are invited to bring in any prescriptions, OTC medications, vitamins, and supplements for a pharmacist to review. Or if you already have your patient’s medication list, feel free to have the patient bring a printout to their visit! Pharmacists will review:

- Appropriate dosing for patients’ medications.
- Best time of day to take the medication.
- Medication interactions/review for duplications.
- Common side effects.

**Appointments can be made via phone at the following locations:**

<b>Culinary Health Fund at St. Louis Square</b>	<b>Culinary Health Center at Nellis</b>	<b>Culinary Health Center at Durango</b>
Monday – Friday 9am-5pm Call 702-650-4417 to make an appointment. Available in <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> <li>• Tagalog</li> <li>• Cantonese</li> </ul>	Monday – Friday 8am-7pm Call 702-963-6400 to make an appointment. Available in <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> <li>• Tagalog</li> </ul>	Monday – Friday 8am-7pm Call 725-223-2100 to make an appointment. Available in <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> <li>• Tagalog</li> </ul>

***Walk-ins are also welcome, but space is limited.***

## Wellness Classes

Each month, The Culinary Health Fund offers virtual and in-person wellness classes.

A referral is not needed for any of our classes, but patients are more likely to attend when their doctor refers them and follows up on their progress.

This month’s classes include the following topics:

- **Diabetes 1** – Learn about diabetes, how to measure your blood sugar and tips to live healthier.
- **Diabetes 2** – Find out how to make smart changes to your diet.
- **High Blood Pressure** – Learn how high blood pressure can affect your life.
- **Breastfeeding** – Learn what to expect when breastfeeding.

You can conveniently view class dates and times on the website at: [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org).

## Inactive Providers

The following is a list of providers\* that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network:

<b>LAST NAME</b>	<b>FIRST NAME</b>	<b>TITLE</b>	<b>SPECIALTY</b>
Franco	Nicole	AUD	Audiology
Hadwan	Suzan	DO	Neurology
Franklin	Sydney	PAC	Ear, Nose and Throat
El Haj Mousa	Rofaida	MD	Internal Medicine
Angeles Medical Centers			Gen/Fam Practice

***\*List updated monthly***

Check Out Our Website

Go to [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org) to find Culinary processes; review and print forms and documents; and view archived provider notifications.