

# Culinary Health Fund

## PPO Provider Newsletter



Issue 76 / November 3, 2025

### Healthcare Services Team

healthcareservices@culinaryhealthfund.org  
702-892-7313 (option 2)

#### Shay Monson

Provider Network Supervisor  
702-691-5658  
smonson@culinaryhealthfund.org

#### Lucia James

Healthcare Services Associate  
702-691-5698  
ljames@culinaryhealthfund.org

#### Melanie Jensen

Healthcare Services Associate  
702-691-5681  
mjensen@culinaryhealthfund.org

### Important Telephone Numbers

**Clinical Pathology Laboratories (CPL)** 702-795-4900

#### Contracts and Credentialing

contractsandcred@culinaryhealthfund.org  
702-892-7313 (option 1)

#### Culinary Health Centers

702-790-8000

#### Culinary Pharmacy

702-650-4417 (St. Louis Square)  
702-963-9400 (Nellis Health Center)  
725-223-2100 (Durango Health Center)  
725-332-6464 (Craig Health Center)

#### Customer Service Office

702-733-9938

#### EyeMed

866-800-5457

#### Harmony Healthcare

702-251-8000 (24/7)  
702-788-9875 (Rapid Response)

#### Nevada Health Solutions (NHS)

www.nevadahealthsolutions.org  
702-216-1653  
**Provider Portal:**  
<https://nhs.acuitynxt.com/providerportal>

#### OptumRx Prescription Services

866-611-5960 (24/7)  
800-791-7658 (Home Delivery)  
877-838-2907 (Specialty)

**Zelis/ePayment** 855-774-4392

## Inactive Providers – October

The following is a list of providers\* that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network:

LAST NAME	FIRST NAME	TITLE	SPECIALTY
Chaney	Naomi	MD	Internal Medicine
Lippmann	Frederick	MD	General/Family Practice

\*List provided monthly

## Prior Authorizations

Nevada Health Solutions is Culinary Health Fund's partner for Utilization Management/Prior Authorizations and have an easy-to-use, web-based Provider Portal.

The NHS Provider Portal is available for you to create and review status of auth requests. To gain access, click the links below:

Link to User Form: <https://www.nevadahealthsolutions.org/forms/>

Link to Provider Portal: <https://www.nhs.acuitynxt.com/providerportal/>

## November Health and Wellness Classes

The Culinary Health Fund offers virtual as well as in-person wellness classes at our health centers.

A referral is not needed for any of our classes, but patients are more likely to attend when their doctor refers them and follows up on their progress. This month's classes include the following topics:

- **Diabetes 1** – Learn about diabetes, how to measure your blood sugar and tips to live healthier.
- **Diabetes 2** – Find out how to make smart changes to your diet.
- **High Blood Pressure** – Learn how high blood pressure can affect your life.
- **Breastfeeding** – Learn what to expect when breastfeeding.

You can conveniently view class dates and times on the website at: <https://www.culinaryhealthfund.org/healthy-living-class-schedule/>

### Check Out Our Website

Go to [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org) to find Culinary processes; review and print forms and documents; and view archived provider notifications.

## Pharmacy Updates

### Optum Rx announces the January 2026 updates to their Premium Formulary.

Impacted Culinary members will be sent a letter informing them of the change. Optum Rx will begin sending letters the week of November 1, 2025.

**The Premium Formulary updates for January 2026 resulted in the following drugs being moved to excluded status:**

Excluded Drug Name	Drug Class	Preferred Product	Rationale
Ajovy	Migraine Headache	Aimovig, Emgality	Lower net cost alternatives
Aptiom	Seizures	eslicarbazepine	Direct generic available
Brilinta	Clot Prevention	ticagrelor	Direct generic available
Copaxone 40mg	Multiple Sclerosis	glatiramer	Direct generic available
Dayvigo	Insomnia	eszopiclone, ramelteon, zaleplon, zolpidem, BELSOMRA	Lower net cost alternatives
Dymista	Nasal Allergies	azelastine-fluticasone nasal spray	Direct generic available
Doxycycline 40mg	Rosacea	doxycycline IR tablet, minocycline IR capsule/tablet, metronidazole cream/gel/lotion, azelaic acid gel, ivermectin cream	Lower net cost alternatives
Entresto	Heart Failure	sacubitril-valsartan	Direct generic available
Estrogel	Hormone Replacement	estradiol 0.06% gel pump	Direct generic available
Namzaric	Alzheimer's Disease	Memantine/donepezil ER capsule	Direct generic available
Spritam	Seizures	levetiracetam tablet	Direct generic available

A medical necessity review is available for any member needing to remain on an excluded medication after January 1, 2026.

### In addition, the following drugs will be moving to non-preferred tier status for January 2026:

Non-preferred Drug Name	Drug Class	Preferred Product	Rationale
Depen Titratabs	Wilson's Disease	penicillamine	Direct generic available
Omeclamox Pak	H. Pylori agent	PYLERA, TALICIA, VOQUEZNA PAK	Lower net cost alternatives
Supprelin LA	Central Precocious Puberty	LUPRON DEPOT-PED, TRIPTODUR	Lower net cost alternatives



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 CHC Craig: 725-332-6464



[Culinary.Pharmacy@optum.com](mailto:Culinary.Pharmacy@optum.com)