

### Healthcare Services Team

healthcareservices@culinaryhealthfund.org  
702-892-7313 (option 2)

#### Kimberly Esau

Manager of Healthcare Services  
702-892-7309  
kesau@culinaryhealthfund.org

#### Lucia James

Healthcare Services Associate  
702-691-5698  
ljames@culinaryhealthfund.org

#### Melanie Jensen

Healthcare Services Associate  
702-691-5681  
mjensen@culinaryhealthfund.org

### Important Telephone Numbers

#### Customer Service Office

702-733-9938

#### Culinary Pharmacy

702-650-4417 (Culinary Health Fund)  
702-963-9400 (Culinary Health Center)

#### Culinary Health Center

702-790-8000

#### Provider Reconsiderations (Appeals)

Phone: 702-691-5625  
Fax: 702-216-9525

#### Nevada Health Solutions (NHS)

702-216-1653  
<https://provider.nevadahealthsolutions.org/production>

#### Harmony Healthcare

702-251-8000 (24/7)  
702-788-9875 (Rapid Response)

#### OptumRx Prescription Services

866-611-5960 (24/7)  
800-791-7658 (homes delivery)

#### Clinical Pathology Laboratories

(CPL) 702-795-4900

#### Desert Radiologists

702-759-8700

#### Vision Eligibility Express Line

702-216-1298 (24/7)

PaySpan 877-331-7154

## Do you have changes to your practice?

If you have moved, need to add/remove a provider, please follow these easy steps to ensure we have your updated information:

- **Forms can be found on our website:** [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org)  
\*On the website, click these links to get to the form:  
Useful Materials-Forms and Documents-Providers-Address Change form
- **Submit the form by any of the following methods:**
  1. Mail to: 1901 Las Vegas Blvd South #101, LV, NV 89104  
Attn: Contracts & Credentialing
  2. Fax to: 702-892-7365
  3. Email to: [contractsandcred@culinaryhealthfund.org](mailto:contractsandcred@culinaryhealthfund.org)

## Save the Date

Beginning March 2019, Las Vegas Anesthesia IPA will be the newest group to capitate inpatient and outpatient anesthesia services for Culinary members. More information to come!

***If you are interested in joining Las Vegas Anesthesia IPA, please contact Larry Preston at 702-598-0600***

## New for the New Year!

The Culinary Health Fund is excited to announce new member benefits effective February 1, 2019 –

**What:** Acupuncture  
**Purpose:** To assist Culinary members with conditions related to pain and nausea related symptoms  
**Benefit:** \$15 copay, 12 visits per calendar year (NO Prior authorization is required)

**What:** Occupational and Speech Therapy for children under 18 years of age  
**Purpose:** To increase the visit limit for children under 18  
**Benefit:** 60 visits per therapy type for children under 18

***To locate a PPO provider, please visit our website:***  
**[www.culinaryhealthfund.org](http://www.culinaryhealthfund.org)**

### Nevada Health Solutions

Nevada Health Solutions (NHS) continues to enhance the process for submitting Prior Authorization (PA) requests for our community partners.

Did you know you could also submit PA requests online using Connect, our Web-based tool that accepts prior authorization requests 24 hours a day, seven days a week? In addition, you can check the status of a prior authorization.

Using online options for PA requests replaces the need to call or fax paper forms to NHS. It provides immediate confirmation upon receipt without the need to resubmit requests or call to check status.

#### Learn More About Connect:

For more about how to use Connect or schedule an in-service, please contact the following resources:

#### Ramon Barajas, Operations Specialist II:

702-892-7348

**NHS Main Line:** 702-216-1653

Check Out Our Website

Go to [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org) to find Culinary processes; review and print forms and documents; and view archived provider notifications.

### Pharmacy News

Prescription drug abuse has become a national epidemic in recent years. The Culinary Health fund has brought together resources to identify ways we can help our participants who have no alternative for pain treatment other than to use pain medication and for those who are seeking an alternative to pain medication.

In an effort to ensure our participants have access to safer, more effective chronic pain treatment while reducing misuse, abuse or overdose from these drugs, the Culinary Health Fund is announcing the following policy change for opioid prescriptions:

*Starting January 1<sup>st</sup>, we will limit opioid prescriptions written by out-of-network providers to 7 days. Participants who receive treatment from out-of-network providers will not be able to refill these prescriptions after the initial 7 days. Any opioid prescription written by an out of network provider will not be covered by your insurance after day 7.*

For our existing participants who receive treatment from an out of network provider, we will assist them with locating an in-network provider so they may receive an evaluation for pain medication.

We thank you for utilizing the CDC Guideline for Prescribing Opioids for Chronic Pain when prescribing opioids for acute and chronic pain. Besides encouraging safe pain medication prescribing practices, we encourage providers to assist their patients with transitioning away from high dose opioids and move toward a comprehensive treatment plan for pain management.

### Inactive Providers – December 2018

The following is a list of providers and specialties that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network: *\*list provided monthly*

LAST NAME	FIRST NAME	MIDDLE NAME	TITLE	SPECIALTY
COARASA	KRISTIE	L.	PAC	PAIN MANAGEMENT
FULKERSON	GRETCHEN	L.	APRN	GENERAL/FAMILY PRACTICE
PLOTNITSKIY	GENNADIY		DO	OB/GYN
SHI	YANYAN	E.	MD	PEDIATRICS
TOLEDO	ROBERT	A.	DO	OB/GYN
VYAS	CHIRAG		MD	OB/GYN
WASHINSKY	RICHARD	D.	MD	INTERNAL MEDICINE