

New Acupuncture Benefit

The Culinary Health Fund is excited to announce new member benefits effective February 1, 2019 –

- What:** **Acupuncture**
Purpose: To assist Culinary members with conditions related to pain and nausea related symptoms
Benefit: \$15 copay, 12 visits per calendar year (NO Prior authorization is required)

To locate a PPO provider, please visit our website: www.culinaryhealthfund.org

Culinary Health Center

A friendly reminder of services available for Culinary members at the Culinary Health Center:

- Dental
- Vision
- Pediatrics
- Primary Care
- Urgent Care

Please note: For Culinary members needing diagnostic and/or lab services, please refer to our capitated providers.

For questions, please contact 702-790-8000 or www.culinaryhc.com

Inactive Providers – February 2019

The following is a list of providers and specialties that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network: **list provided monthly*

LAST NAME	FIRST NAME	TITLE	SPECIALTY
GREEN	TAMMY	APRN	GENERAL/FAMILY PRACTICE
LEWIS	AMBER	APRN	GENERAL/FAMILY PRACTICE
JARRETT	H.G.	DC	CHIROPRACTIC

Coming Soon – Referrals

par8o

Referrals. Reinvented.

In the January issue of the PPO Provider Newsletter, we introduced you to par8o - Culinary Health Fund's new patient referral management system. While 70% of our network is already using par8o for other health plans, we still need our remaining offices to register for par8o accounts by using this link: <http://sgiz.mobi/s3/par8o-Registration-Form>.

Accounts will be created the day before we launch, on **3/4/19**, at which time you'll be asked to set a password and go through the user registration process.

Culinary will be holding online trainings in tandem with par8o daily from **February 25th - March 8th**. Please register for a training at: <https://attendee.gotowebinar.com/rt/5336455892621159179>

Culinary will officially begin using par8o for referrals on **3/5/19** so be sure to have all registrations complete by 3/1/19.

Anesthesia Update

Please be advised that the anesthesia capitation scheduled to begin March 2019 will no longer be taking effect. The centralized scheduling line provided in last month's newsletter is no longer operational.

Alternatively, the Culinary Health Fund has formed an exclusive network of anesthesia providers. When scheduling anesthesia services for a Culinary member, please refer to the list below:

- ACI Anesthesia/USAP
- Anesthesia & Intensive Care Specialists
- Cardiovascular Anesthesia
- Desert Anesthesia
- Enanest
- NV Anesthesia Consultants
- NV Anesthesia Professionals
- NV Anesthesiology Partners
- Pacific Anesthesia Consultants/Optom Care Anesthesia
- PBS Anesthesia
- Red Rock Anesthesia Consultants
- Valley Anesthesiology Consultants
- WellHealth Anesthesia
- Zen Anesthesia

Healthcare Services Team

healthcareservices@culinaryhealthfund.org
702-892-7313 (option 2)

Kimberly Esau

Manager of Healthcare Services
702-892-7309
kesau@culinaryhealthfund.org

Lucia James

Healthcare Services Associate
702-691-5698
ljames@culinaryhealthfund.org

Melanie Jensen

Healthcare Services Associate
702-691-5681
mjensen@culinaryhealthfund.org

Important Telephone Numbers

Customer Service Office

702-733-9938

Culinary Pharmacy

702-650-4417 (Culinary Health Fund)
702-963-9400 (Culinary Health Center)

Culinary Health Center

702-790-8000

Provider Reconsiderations (Appeals)

Phone: 702-691-5625
Fax: 702-216-9525

Nevada Health Solutions (NHS)

702-216-1653
<https://provider.nevadahealthsolutions.org/production>

Harmony Healthcare

702-251-8000 (24/7)
702-788-9875 (Rapid Response)

OptumRx Prescription Services

866-611-5960 (24/7)
800-791-7658 (home delivery)

Clinical Pathology Laboratories

(CPL) 702-795-4900

Desert Radiologists

702-759-8700

Vision Eligibility Express Line

702-216-1298 (24/7)

PaySpan 877-331-7154

Wellness Awareness

Culinary is offering two new classes next March! We are adding an afternoon *Healthy Cooking* class and partnering with Harmony Healthcare to offer our first ever *Coping with Depression and Anxiety* class:

Healthy Cooking: Vegan Recipes – English and Spanish

Wednesday, March 6th
4:00pm – 6:00pm
Culinary Health Fund
515 E. St. Louis Ave, Building C, Las Vegas NV 89104

Coping with Depression and Anxiety – English

Thursday, March 7th
9:00am – 11:00am
Culinary Health Fund
515 E. St. Louis Ave, Building C, Las Vegas NV 89104

Coping with Depression and Anxiety – Spanish

Tuesday, March 19th
9:00am – 11:00am
Culinary Health Center
650 N. Nellis Blvd, Las Vegas NV 89110

Participants can sign up by calling the Advocacy line at **702-691-5665**.

Pharmacy Updates

Prescribing VASCEPA:

The recent REDUCE-IT trial showed that patients with elevated triglyceride levels despite the use of statins, the risk of ischemic events, including cardiovascular death, was significantly lower among those who received 2 g of icosapent ethyl twice daily than among those who received placebo. (Cardiovascular Risk Reduction with Icosapent Ethyl for Hypertriglyceridemia, Bhatt DL, Steg PG, Miller M et al N Engl J Med. 2019;380(1):11. Epub 2018 Nov 10).

Based on the REDUCE-IT study results, there have been no related Society Guideline changes. On the contrary, Uptodate has the following disclaimer: "The role of highly purified fish oil in patients with increased cardiovascular risk has been uncertain". Because of limitations in this trial (eg, mineral oil may not be a true placebo), confirmation of these findings from ongoing trials is needed before a firm recommendation can be made about the role of fish oil supplementation in this patient population."

This has led us to review our formulary and prescribing patterns as there are clear indications for this medication and we want to ensure the right patients are prescribed this medication. We have instituted an evidence based prior authorization for all existing and new to start prescriptions.

Please be advised that prior authorization must in place prior to 4/1/19 for your patients to receive their refills and prior authorization will be required thereafter for new starts as well.

*The OptumRx prior authorization form can be found on our website at www.culinaryhealthfund.org