

### New for the New Year!

The Culinary Health Fund is excited to announce new member benefits effective February 1, 2019 –

- What:** **Acupuncture**  
**Purpose:** To assist Culinary members with conditions related to pain and nausea related symptoms  
**Benefit:** \$15 copay, 12 visits per calendar year (NO Prior authorization is required)

**To locate a PPO provider, please visit our website: [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org)**

### Anesthesia Capitation

Beginning March 2019, Las Vegas Anesthesia IPA will be the newest group to capitate inpatient and outpatient anesthesia services for Culinary members.

To schedule anesthesia for a Culinary member, please call the centralized scheduling line at 702-272-2288.

**If you are interested in joining Las Vegas Anesthesia IPA, please contact Larry Preston at 702-598-0600**

### NEW – Referrals Made Easy



Culinary Health Plan has partnered with par80, a referral management software provider, to improve the care continuum throughout the Culinary community with special emphasis on the Culinary Health Center. The intent of using par80 is to improve the referral process for patients with no charge to providers who are contracted within the Culinary Health Fund network. Over 70% of the Culinary network providers already use par80 for other health plans in their offices! For those offices, the change will be relatively small as you'll be using par80 to send and receive additional referrals. For new-to-par80 offices, we'll provide registration information in subsequent emails.

#### ABOUT PAR80

par80 has seven years in referral management, is used in over 25,000 offices nationwide and has processed over 750,000 patient referrals in the last year alone. par80 is a web-based referral portal, office-to-office messaging system, and provider directory. par80 will add a searchable, accurate provider directory, streamlined referral management, office-to-office instant messaging and improved patient access to Culinary's care management toolkit.

#### HOW PAR80 REFERRALS WORK

When a referral is created in par80, par80 creates a unique list of matching specialists for each patient based on network, distance, insurance acceptance and more. Staff chooses a provider and par80 sends the referral electronically. Both sending and receiving providers can then track the referral in par80's portal. par80 referrals also include requested clinical urgency, so appointments can be scheduled appropriately leading to reduced appointment wait times.

You can sign up online at: <http://sgiz.mobi/s3/par80-Registration-Form>

### Inactive Providers – December 2018

The following is a list of providers and specialties that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network: *\*list provided monthly*

LAST NAME	FIRST NAME	MIDDLE NAME	TITLE	SPECIALTY
COARASA	KRISTIE	L.	PAC	PAIN MANAGEMENT
KHAW	WONG	Y.	MD	INTERNAL MEDICINE
KOH	CHEE	H.	APRN	INTERNAL MEDICINE
PRIMERO	BRENDA	G.	APRN	GENERAL/FAMILY PRACTICE
SAUNDERS	YVONNE	L.	MD	GENERAL/FAMILY PRACTICE

### Healthcare Services Team

healthcareservices@culinaryhealthfund.org  
702-892-7313 (option 2)

#### Kimberly Esau

Manager of Healthcare Services  
702-892-7309  
kesau@culinaryhealthfund.org

#### Lucia James

Healthcare Services Associate  
702-691-5698  
ljames@culinaryhealthfund.org

#### Melanie Jensen

Healthcare Services Associate  
702-691-5681  
mjensen@culinaryhealthfund.org

### Important Telephone Numbers

#### Customer Service Office

702-733-9938

#### Culinary Pharmacy

702-650-4417 (Culinary Health Fund)  
702-963-9400 (Culinary Health Center)

#### Culinary Health Center

702-790-8000

#### Provider Reconsiderations (Appeals)

Phone: 702-691-5625  
Fax: 702-216-9525

#### Nevada Health Solutions (NHS)

702-216-1653  
<https://provider.nevadahealthsolutions.org/production>

#### Harmony Healthcare

702-251-8000 (24/7)  
702-788-9875 (Rapid Response)

#### OptumRx Prescription Services

866-611-5960 (24/7)  
800-791-7658 (home delivery)

#### Clinical Pathology Laboratories

(CPL) 702-795-4900

#### Desert Radiologists

702-759-8700

#### Vision Eligibility Express Line

702-216-1298 (24/7)

PaySpan 877-331-7154

## Wellness Awareness

Although a referral is not required for any of our classes, patients are more likely to attend health and wellness classes when their doctor refers them and follows up on their progress.

Culinary Health Fund offers classes on Diabetes, Kidney Disease, High Blood Pressure, Smoking Cessation, Breastfeeding and more!  
Classes are offered every month at two locations:

**Culinary Health Fund:** 515 E. St. Louis Ave, Building C, Las Vegas NV 89104

**Culinary Health Center:** 650 N. Nellis Blvd. Las Vegas NV 89110

You can conveniently view class dates and times on the website [www.culinaryhealthfund.org](http://www.culinaryhealthfund.org).

If you would like a monthly schedule emailed directly to you, please contact Brittany Martinez, Manager of Advocacy and Wellness at [bmartinez@culinaryhealthfund.org](mailto:bmartinez@culinaryhealthfund.org)

Participants can sign up by calling the Advocacy line at **702-691-5665**.

## Pharmacy Updates

In our ongoing effort to control the rising cost of medications and maintain our ability to keep cost share affordable for our members, we periodically review medications that can be transitioned to more cost effective equivalents.

**Effective January 1, 2019** we will be changing our preferred formulary options for the following diabetic medication categories –

**Insulin:** Basaglar will now be preferred over Lantus/Levemir

**DPP-4:** Onglyza/Kombiglyze will now be preferred over Januvia/Janumet

While the previous options in these categories will still be available at the Culinary Pharmacies, the Culinary Health Fund greatly appreciates your assistance in transitioning your patients to our preferred medications.

**Reminder:** Culinary Health Fund covers diabetic testing equipment and materials at no cost to the member. Our preferred meter is the Accu-Chek Guide and can be immediately filled at both Culinary pharmacies:

#### Culinary Health Fund Pharmacy Hours

Monday – Friday 7am-6pm

Saturday 7am-2pm

#### Culinary Health Center Pharmacy Hours

Monday – Friday 7am-9pm

Saturday 7am-5pm

Sunday 1pm-9pm