

Preventative Services

Introducing Cologuard® for Colorectal cancer (CRC) screening.

CRC is the second leading cause of cancer deaths in the United States, taking the lives of about 50,000 Americans per year—more than either breast cancer (41,000/year) or prostate cancer (29,000/year).¹

By making a variety of CRC screening options available to our members at no cost through their preventive health benefits, Culinary Health Fund is committed to promoting shared decision-making in helping all of our eligible members are screened for CRC. This includes noninvasive screening options, such as Cologuard®.

Cologuard® is a noninvasive stool-based test that detects blood and abnormal DNA that are associated with CRC and pre-cancer. The collection kit is shipped to and from the patient’s home via UPS, and Exact Sciences Laboratories (ESL) provides results to your practice within a few weeks. Cologuard® also includes an embedded patient navigation program administered by ESL that provides follow-up calls and outreach to support patient compliance. You can learn more about Cologuard® at www.cologuardtest.com/hcp.

Cologuard® is covered for use every 3 years with no patient copay or prior authorization required.

Inactive Providers – July 2019

The following is a list of providers* that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network:

LAST NAME	FIRST NAME	TITLE	SPECIALTY
BARTON	MATTHEW	MD	INTERNAL MED
EZPELETA	CARLOS	MD	INTERNAL MED
HOWARD	DAVID	MD	OB/GYN
NGUYEN	PHUONG	PAC	GENERAL/FAMILY PRACTICE
SINGH	AMARJIT	MD	GENERAL/FAMILY PRACTICE
TAYLOR-SANDERSON	LEORA	APRN	GENERAL/FAMILY PRACTICE

*List provided monthly

Pain Management Alternatives

As you are aware, prescription drug abuse has become a national epidemic in recent years. In an on-going effort, the Culinary Health Fund has been campaigning to provide options and alternatives for pain management. The following are a list of services available to eligible Culinary members:

Acupuncture Services:

As of February 2019, Culinary Health Fund added acupuncture as a new benefit for its members struggling with pain and nausea related symptoms. To date, we have 10 contracted acupuncture providers throughout the valley to service our members.

Chiropractic Services:

In expanding options to effectively manage chronic pain, studies have shown chiropractic manipulation to be an effective alternative to pain medication. So much so that beginning this past March, the Missouri Department of Social Services began reimbursement for chiropractic services in the treatment of chronic pain.

The American College of Physicians now recommends spinal manipulation along with heat, massage and acupuncture as alternatives to pain relieving drugs as part of their updated low back guidelines.

Additional studies show chiropractic care, including manipulation and associated modalities, as an effective treatment of migraines, both with and without aura, with the follow-up studies participants exhibiting symptom free for months post treatment.

Physical Therapy Services:

The Culinary Health Fund has multiple providers specializing in physical therapy. You may find patients benefit from such therapy to help with the following:

- Reduce or eliminate pain
- Avoid surgery
- Improve mobility
- Recover from a stroke
- Recover from or prevent a sports injury
- Improve your balance and prevent falls
- Manage diabetes and vascular conditions

To see a complete list of providers, please visit our website www.culinaryhealthfund.org

Healthcare Services Team

healthcareservices@culinaryhealthfund.org
702-892-7313 (option 2)

Kimberly Esau

Manager of Healthcare Services
702-892-7309
kesau@culinaryhealthfund.org

Lucia James

Healthcare Services Associate
702-691-5698
ljames@culinaryhealthfund.org

Melanie Jensen

Healthcare Services Associate
702-691-5681
mjensen@culinaryhealthfund.org

Important Telephone Numbers

Contracts and Credentialing

contractsandcred@culinaryhealthfund.org
702-892-7313 (option 1)

Customer Service Office

702-733-9938

Culinary Pharmacy

702-650-4417 (Culinary Health Fund)
702-963-9400 (Culinary Health Center)

Culinary Health Center

702-790-8000

Provider Reconsiderations (Appeals)

Phone: 702-691-5625
Fax: 702-216-9525

Nevada Health Solutions (NHS)

702-216-1653
<https://provider.nevadahealthsolutions.org/production>

Harmony Healthcare

702-251-8000 (24/7)
702-788-9875 (Rapid Response)

OptumRx Prescription Services

866-611-5960 (24/7)
800-791-7658 (home delivery)

Clinical Pathology Laboratories (CPL)

702-795-4900

Desert Radiologists

702-759-8600

Vision Eligibility Express Line

702-216-1298 (24/7)

PaySpan

877-331-7154
Par8o 857-574-5081
support@par8o.com

Wellness Classes

There are plenty of Health and Wellness classes available for Culinary participants this month:

Please check our website, www.culinaryhealthfund.org to check the dates and times or to print out the schedules. We have classes at two locations: 515 E. St. Louis Ave. (bldg. C) and the Culinary Health Center, 650 N. Nellis Blvd.

Classes are taught in both English and Spanish, and this month there are also a handful of classes offered in Mandarin as well as Cantonese.

Classes being offered this month include topics on:

- **Kidney Smart** – Learn how diabetes, high blood pressure and high cholesterol can affect the kidneys.
- **Diabetes** – Two different classes are offered: one to learn about diabetes, how to measure blood sugar, and tips to live healthier and one to find out how to make smart changes to your diet.
- **Deciding My Health Care Wishes** – Learn how to make advance directive decisions about your health care in case you are not able to do so in the future.
- **Breastfeeding**

Claims Corner

Drug Administration Codes and J-codes – Make Sure They Match

If you bill the Culinary Health Fund for the administration of drugs, the drug codes (HCPCS “J” codes) need to match the number of administrations.

Example: A patient receives an injection of a steroid as well as an anti-histamine. There should be two injection administration codes on the bill submitted to Culinary along with the two J-codes for the drugs. Because there were two drugs administered there should be two administration codes.

Make sure the number of your drug admin units is equal to the total number of drugs injected.

Check Out Our Website

Go to www.culinaryhealthfund.org to find Culinary processes; review and print forms and documents; and view archived provider notifications.